



HOLY EUCHARIST, RITE I

THE SECOND SUNDAY IN LENT

8:00 AM, MARCH 1, 2026

ST. PAUL'S EPISCOPAL CATHEDRAL

*St. Paul's Cathedral is a vibrant Episcopal church in the heart of downtown Oklahoma City. Deeply rooted in the ministry and teachings of Jesus Christ and the traditions of the Episcopal Church, St. Paul's is the spiritual center of the Diocese of Oklahoma. We are committed to being a place for all who seek and share God's unconditional and abundant love, which calls us to comfort and stand with the vulnerable and each other.*

*All are invited; all are welcome.*



*We are glad you are here.*

*Please scan below for  
more information  
about St. Paul's.*



*Please remain silent prior to the service as a time of prayer and meditation.*

## THE WORD OF GOD

BCP p. 323

*The people standing, the Celebrant says*

Bless the Lord who forgiveth all our sins.

*People*

**His mercy endureth forever.**

*The Celebrant says*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

## KYRIE

*Celebrant* Lord, have mercy upon us.  
*People* **Christ, have mercy upon us.**  
*Celebrant* Lord, have mercy upon us.

*Celebrant* The Lord be with you.  
*People* **And with thy spirit.**  
*Celebrant* Let us pray.

## THE COLLECT OF THE DAY

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever.

*People* **Amen.**

## THE LESSONS

*The people sit.*

### FIRST READING

#### Genesis 12:1-4a

*Lector* A Reading from the Book of Genesis.

The Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him; and Lot went with him.

The Word of the Lord.

*People* **Thanks be to God.**

### PSALM 121 *(said responsively by whole verse)*

- 1 I lift up my eyes to the hills; \*  
from where is my help to come?
- 2 My help comes from the Lord, \*  
the maker of heaven and earth.

*We are glad you  
are here.  
Please scan below  
for welcome  
information.*



3 He will not let your foot be moved \*  
and he who watches over you will not fall asleep.

**4 Behold, he who keeps watch over Israel \***  
**shall neither slumber nor sleep;**

5 The Lord himself watches over you; \*  
the Lord is your shade at your right hand,

**6 So that the sun shall not strike you by day, \***  
**nor the moon by night.**

7 The Lord shall preserve you from all evil; \*  
it is he who shall keep you safe.

**8 The Lord shall watch over your going out and your coming in, \***  
**from this time forth for evermore.**

## SECOND READING

Romans 4:1-5, 13-17

*Lector* A Reading from the Epistle to the Romans.

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

The Word of the Lord.

*People* **Thanks be to God.**

All standing.

## GOSPEL

### John 3:1-17

*Gospeller*      The Holy Gospel of our Lord Jesus Christ, according to John.

*People*          **Glory be to thee, O Lord.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

The Gospel of the Lord.

*People*          **Praise be to thee, O Christ.**

## THE SERMON

The Very Rev. Katie Churchwell

## THE NICENE CREED

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son.

With the Father and the Son  
he is worshiped and glorified.  
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## THE PRAYERS OF THE PEOPLE

BCP p. 385

Let us pray for the whole state of Christ's Church and the world.

*In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.*

I bid thy prayers for God's people throughout the world; for Sarah, our Archbishop of Canterbury, Sean, our Presiding Bishop, Poulson, our Bishop, Katie, our Dean; for this gathering; and for all thy ministers and people.

Pray for the Church.

*Silence*

I bid thy prayers for peace; for goodwill among nations; and for the well-being of all people.

Pray for justice and peace.

*Silence*

I bid thy prayers for the poor, the sick, the hungry, the oppressed, and those in prison. We pray for those on the Cathedral Prayer list [names], and those spoken now, either silently or aloud.

Pray for those in any want or trouble.

*Silence*

I bid thy prayers for all who seek God, or a deeper knowledge of him.

Pray that they may find and be found by him.

*Silence*

I bid thy prayers for the departed, especially [names], and those we remember today.

Pray for those who have died.

*Silence*

Praise God for those in every generation in whom Christ hath been honored. Pray that we may have grace to glorify Christ in our own day.

*Silence*

*The Celebrant adds a concluding Collect.*

## CONFESSION OF SIN

BCP p. 330

*All stand or kneel. Silence is kept. The Deacon or Celebrant says the following*

Let us humbly confess our sins unto Almighty God.

*We invite you to pray for all on the Cathedral prayer list, which is found on the announcement insert sheet. Please take a copy with you to pray throughout the week.*

*Minister and People*

**Most merciful God,**  
we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. **Amen.**

*The Priest stands and says*

Almighty God, our heavenly Father, who of his great mercy hath  
promised forgiveness of sins to all those who with hearty repentance and  
true faith turn unto him, have mercy upon you, pardon and deliver you  
from all your sins, confirm and strengthen you in all goodness, and bring  
you to everlasting life; through Jesus Christ our Lord. **Amen.**

## **THE PEACE**

*All stand. The Celebrant says to the people*

The peace of the Lord be always with you.

*People* **And with thy spirit.**

*Then the Ministers and People may greet one another in the name of the Lord.*

## **WELCOME**

## **THE HOLY COMMUNION**

*The Celebrant begins the Offertory*

“For God so loved the world that he gave his only Son, so that everyone  
who believes in him may not perish but may have eternal life.”

## **THE OFFERTORY**

*Please place your offering in the alms basin, send a text message to 73256 and enter Stpaulsokc\$ and  
an amount, or scan the QR code to give online.*

*Please scan to  
make a gift  
online.*

Make a Gift



## THE GREAT THANKSGIVING

BCP p. 333

*The people remain standing. The Celebrant faces them and says*

The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.

*People* **It is meet and right so to do.**

*Then, facing the Holy Table, the Celebrant proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Celebrant and People*

**Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.**

*The people stand or kneel. Then the Celebrant continues*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

*At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take,

eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

*People and Celebrant*

*BCP p. 336*

<b>Our Father, who art in heaven,</b>	<b>And forgive us our trespasses,</b>
<b>hallowed be thy Name,</b>	<b>as we forgive those</b>
<b>thy kingdom come,</b>	<b>who trespass against us.</b>
<b>thy will be done,</b>	<b>And lead us not into temptation,</b>
<b>on earth as it is in heaven.</b>	<b>but deliver us from evil.</b>
<b>Give us this day our daily bread.</b>	<b>For thine is the kingdom,</b>
	<b>and the power, and the glory,</b>
	<b>for ever and ever. Amen.</b>

## **The Breaking of the Bread**

*The Celebrant breaks the consecrated Bread. A period of silence is kept. Then is said*

Christ our Passover is sacrificed for us;

**Therefore let us keep the feast.**

*The people join in saying the following prayer*

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

*Facing the people, the Celebrant says the following Invitation*

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.*

## SENDING OUT OF LAY EUCHARISTIC VISITORS

*The Deacon or the Celebrant says*

We send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

**We who are many are one body, because we all share one bread, one cup. Amen.**

*After Communion, the Celebrant says*

Let us pray.

*BCP p. 339*

*Celebrant and People*

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

*The Celebrant blesses the people.*

Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always..  
**Amen.**

*The Deacon, or the Celebrant, dismisses the people with these words*

Let us go forth in the name of Christ.

*People*

**Thanks be to God.**

### PERMISSIONS

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The bread and wine are given to the glory of God  
by the Ozan Family in loving memory of Charles Ozan.

Those serving today:

*Celebrant and Preacher*  
The Very Rev. Katie Churchwell  
*Lector*  
Eric Laity  
*Lay Eucharistic Minister*  
Carol Howard

*Sunday Sexton*  
Chris Allbriht  
*Altar Guild*  
Mary Ann Johnson, Debbie Butcher,  
Ryan Dillard, Mandy Highsaw,  
Linda Reed, Scott Woods

### **St. Paul's Cathedral Clergy**

The Very Reverend Katie Churchwell, *Dean*  
The Reverend Canon Dr. Tony Kroll, *Canon and Senior Associate*  
The Reverend Canon Tim Sean Youmans, *Canon Priest*  
The Reverend Tracy Anderson, *Deacon and Director of Pastoral Ministries*  
The Reverend Gerald Butcher, *Deacon*  
The Reverend Marilyn Robertson, *Deacon and Cathedral Nurse*

### **Executive Committee**

Tim Fischer, *Senior Warden*  
Melissa Heuer, *Junior Warden*

Carl Stover, *Treasurer*  
Samonia Byford, *Clerk*

### **Vestry**

Class of 2024:  
Madeline Benham  
Hillary Burkholder  
Jim McPhee  
Natalie Stanford

Class of 2025:  
Jessica Fletcher  
Bill Hart  
Brian Matula  
Erin Rennick-White

Class of 2026:  
Dallas "Ryan" Dillard  
Thomas Larson  
Amanda Marcott-Thottunkal  
Matthew Winton

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**[www.stpaulsokc.org](http://www.stpaulsokc.org); 405-235-3436**